

NDW Contest 4 of 5



SPLITS IN A SILLY PLACE!

While you are bored around the house, put your stretching to good use!

Get creative and show us the silliest place around your home that you could do a split at! (Don't forget to stretch along with one of our stretch videos first!)

Email us your entry or post it on BAND/Facebook!

The top most creative/silly entry will be chosen by the DYD staff to win a DYD flip sequin pillow!